At Mt. St. Patrick we have an expectation that everyone will be treated with respect.

**RIGHTS**

Everyone should feel safe and valued at Mt. St. Patrick.

**RESPONSIBILITIES**

It is everyone’s responsibility to ensure that this happens.

Our school community is based on the Gospel values. These values are important for us to have a caring community.

When we feel angry, embarrassed, frightened, humiliated, or uncomfortable as a result of someone’s deliberately hurtful actions or words, it affects our self-confidence, our work, our enjoyment in going to school and our ability to maintain healthy relationships with others.

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**PREVENTING BULLYING IS IMPORTANT**

In schools, bullying occurs when:

- A student bullies another student
- An adult bullies a student
- A student bullies an adult
- An adult bullies another adult

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**WHAT IS BULLYING?**

Bullying is when a person tries to exert power over someone by hurting, threatening, intimidating or embarrassing as a way of making themselves feel better.

This is usually a repeated behaviour.

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**When a person:**

- Is hit, punched or pushed around
- Is called hurtful, abusive or offensive names
- Is threatened
- Is sexually harassed
- Is verbally abused by obscene language
- Is teased in a nasty manner
- Is singled out for unfair treatment
- Has rumours spread about them
- Has repeated offensive gestures made to them
- Is deliberately excluded by several of their peers or someone with more power,

**THEN HE OR SHE IS BEING BULLIED AND THAT’S NOT ON!**

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**CARING PEOPLE DO SOMETHING**

**WHAT STUDENTS SHOULD DO**

- Treat others with respect and dignity at all times.
- Be prepared to listen to what others are saying about your behaviour and be prepared to change if it is inappropriate.
- If you see anti-social behaviour taking place, or you are harassed speak up! You must report it to an adult you trust, such as parents, teachers or Principal.
- Make an effort to be with people who treat others with respect. Being part of a group is no excuse.
- Be assertive. Be strong in rejecting anti-social behaviour. Nobody has a right to harass you.

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**SAY NO TO BULLYING**

**EVERYONE HAS RIGHTS**

- You have the right to feel safe and comfortable at school
- It is your right to travel to and from school feeling safe.
- It is your right to learn and no-one has the right to stop others from learning.

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**YOU CAN’T SIT ON THE FENCE!**

**IF YOU ARE NOT BEING BULLIED, BUT YOU ARE AWARE OF OTHERS WHO ARE….**

**YOU CAN AND SHOULD DECIDE TO DO SOMETHING ABOUT IT IF YOU REALLY CARE AND WANT TO HELP PROTECT OTHERS.**

**BULLIES GET THEIR POWER FROM THE VICTIM REMAINING SILENT.**

If you are concerned about an incident, report it to a teacher or school executive member and let the school deal with it OR tell your parents so that they can contact the school.

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**HELP PREVENT BULLYING AT MT. ST. PATRICK**
YOU can control what happens

Don’t retaliate either physically or verbally. Simply knowing that you can do something about it makes a difference.

So what can YOU do?

- The most important thing to remember is that if you or someone else is being bullied - *Tell someone!* This is **Reporting Abuse**, not ‘dobbing’.

- Ignore it. Show that it doesn’t upset you. The bully is then not encouraged and may stop.

- Confront the person bullying you. Tell them that the actions are unwanted or illegal. Remind them that the school has a policy against bullying.

- Talk it over openly with your friends, parents or teacher. They can help you make a decision.

**BULLYING WILL NOT BE TOLERATED**

**CONSEQUENCES**

- All incidents will be dealt with in accordance with the school’s discipline policy
- The school will deal seriously with those who retaliate against a person for reporting bullying
- Parents will be informed
- Bullying offences which continue to occur, despite intervention may result in a child’s suspension or loss of the right to attend the school

**WE DON’T TOLERATE BULLYING**

**AT**

**MT ST PATRICK**

**Remember …..**

It is right for you to tell someone if you are being bullied or if your friends are.

Everyone has the right to feel safe, all the time.

**A BULLY–FREE ZONE**

**ANTI BULLYING POLICY**

**PROMOTING HEALTHY RELATIONSHIPS**

At Mt. St. Patrick we have an expectation that everyone is treated with respect and dignity.

We will **NOT** tolerate bullying.

We **CAN** do something about it.